

Junior/High School Presentations

Our Programs

The Southeastern Alberta Sexual Assault Response Committee (SARC) offers educational programming for all stages of life. From kindergarten to adult audiences, we provide information about consent and healthy relationship skills with appropriate content for all ages. Working with the school boards in southeastern Alberta, we develop trust and support in each school community. Our educators present the material in an interactive way, engaging the students and facilitating important conversations while addressing any questions or concerns students may have.

The educators also provide outreach services while in the schools. Students can request private time after each presentation if they would like to speak to an educator and learn more about sexual trauma and the services offered by SARC and our partner agencies.

Through these education programs we believe that we can reduce sexual assault and abuse. By providing information on consent and healthy relationship skills, participants are given the knowledge to prevent sexual violence and the resources to help those in need of support.



No Also Means Know – Sexual Assault/Consent

(Grades 7-12)

The No also means Know Presentation is approx. 1 hour in length and discusses consent, communication, and the use of coercion.

I Think She's a 10 – Sexual Harassment

(Grades 7-12)

The I Think She's a 10 Presentation is approx. 1 hour in length and discusses the issue of sexual harassment. Topics covered include respecting boundaries, different types of sexual harassment, and what to do if you are being harassed.

Starting Strong – Healthy Relationships

(Grades 7-12)

The Starting Strong Presentation is approx. 1 hour in length and discusses relationship factors such as respect, communication, gender stereotypes, and abuse/violence.

Custom Presentations

If there are concerns regarding the children/youth you work with that are not described in these presentation descriptions please do not hesitate to contact us. Over the years SARC has developed many presentations specific to community needs within our mandate of sexual assault/abuse awareness and healthy relationship skills. We may be able to put something together to accommodate your needs.

Healthy Relationships Plus Program (HRPP)

This education program is designed for Junior High School students in grades 7-9. Delivered over 15 sessions, each approx. 1 hour in length, students are taught warning signs of abusive or unhealthy relationships and how to seek help. **Session topics include:**

Impacts of drug and alcohol use/abuse, influences on relationships, early warning signs of dating violence, values and boundaries, and emotional health and well-being.



Safe Dates

This education program is designed for High School students in grades 10-12. Delivered over 10 sessions, each approx. 1 hour in length, and discusses dating and sexual violence. Based on giving youth skills to deal with unhealthy relationships, **Safe Dates Program topics include:**

defining dating abuse, how to help friends, equal power through communication, and preventing dating sexual abuse.

Elementary Presentations

Fun & Interactive Games



The “Who Do You Tell?”™ Program is a child sexual abuse education program for elementary school aged children (kindergarten to grade 6), their parents, and teachers.

The classroom program consists of two comprehensive 1-hour educational sessions delivered on consecutive days. As well, the “Who Do You Tell?”™ Program includes a 1.5-hour parent information night, a 1-hour teacher information session, and private time for children who may have questions, worries, or concerns to share with our Education Specialists.

The program is designed to provide elementary children with skills and knowledge that will help them:

- ☞ recognize the difference between ok touches and not ok touches;
- ☞ empower them to say no to touches that make them feel uncomfortable or scared;
- ☞ understand that child sexual abuse is never their fault and be able to name safe adults they can tell if they feel uncomfortable, threatened, or if they have been abused.

To view a video covering the outcomes of the program please visit www.whodoyoutell.com

Class Feud:

Based on the game of Family Feud. The room is divided into 2 teams and each are asked questions about sexual assault/abuse.

Human Sorry Game:

Based on the popular board game Sorry! Students are the ‘pegs’ on the game (up to 16 people). They answer questions and are directed to move the number of spots that are on the card. Students are able to ‘bump’ other players off the board and make them start over. Questions are about sexual assault/abuse stats and facts.

Jeopardy:

We offer 3 versions of this popular trivia game. One has questions about sexual assault/abuse, one about the age of consent, and one discussing healthy relationship skills.

Giant Jenga:

Based on the classic game Jenga, players select pieces of wood and move them to the top, trying not to cause the tower to fall. Each time a block is moved, a question about sexual assault/abuse facts/statistics is asked.

To book any of our presentations please call 403-548-2717 or email sarccommunications@gmail.com

Programs and services funded by:



This program provides different learning material for each grade level.



School Presentations

Elementary and Junior/High School Presentations

All presentations are offered free of charge as a community service (Some printing may be required)

☎ 403.548.2717

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