

First Responder to Sexual Assault and Abuse Training

This 2-day training will provide participants with education and skill development in responding to disclosures of sexual assault and sexual abuse.

Topics include:

- 🌸 Definitions
- 🌸 Myths and laws regarding child sexual abuse and sexual assault
- 🌸 Effects on adults who were sexually abused as children
- 🌸 Effects on adults who have been sexually assaulted
- 🌸 Immediate and long-term impacts of sexual assault and sexual abuse
- 🌸 Skills to respond to disclosures of sexual assault and sexual abuse
- 🌸 Participants each receive a Certificate of Completion at the end of the training

Please note that this is **not** a counselling intervention training program and there is a fee to provide this course.

SARC is partnered with the Association of Alberta Sexual Assault Services (AASAS).

To book this training please visit www.aasas.ca/initiatives/

Child Sexual Behaviours: What's natural and what's of concern?

This is a 60 - 90 minute presentation for parents, guardians, teachers, and professionals.

Topics include:

- 🌸 Natural and healthy sexual behaviours
- 🌸 Understanding and identifying problematic sexual behaviours
- 🌸 How children develop sexual behaviours
- 🌸 Child sexual abuse
- 🌸 Responding to sexual behaviour of concern in the school setting
- 🌸 Supporting the child with concerning sexual behaviour
- 🌸 Strategies for parents and teachers
- 🌸 Resources

To book any of our presentations please call 403-548-2717 or email sarccommunications@gmail.com

Programs and services funded by:



Adult Presentations

We are here to provide leadership, coordination, and a unified voice on issues of sexual assault and sexual abuse in the Southeastern Alberta region.

📞 403.548.2717

www.mhsarc.com

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“Who Do You Tell?”™

Understanding Child Sexual Abuse

Understanding Sexual Assault/Abuse for People with Disabilities

“Who Do You Tell?”™ Program Parent and Teacher Information Sessions

Parent Information Session (1.5 hours)

This presentation is offered to familiarize parents and guardians with the history, content, and presentation methods of the “Who Do You Tell”™ Program; to learn facts surrounding child sexual abuse; and to give parents the opportunity to discuss any concerns they may have. The “Who Do You Tell”™ Program brochures and permission forms will be provided to teachers by SARC to be printed and sent home with the students for parents to review.



Teacher/Staff In-Service (1 hour)

All teaching and support staff are invited to attend this presentation. It is strongly recommended that teachers attend as their presence is required throughout their own classroom presentation. The in-service provides information concerning the issues of child sexual abuse, indicators of sexual abuse, and how to respond effectively to possible disclosures.

This 1-hour presentation is designed for parents, guardians, caregivers, and other professionals working with children to help recognize, address, and understand the issue of child sexual abuse.

Topics include:

- 🌿 Definitions and statistics
- 🌿 Myths and facts
- 🌿 Child sexual abuse laws
- 🌿 Impacts and effects of child sexual abuse
- 🌿 Why does child sexual abuse happen?
- 🌿 Indicators of child sexual abuse
- 🌿 Skills for responding to disclosures of child sexual abuse

This 2-hour presentation offers parents, guardians, and caregivers a better understanding of the issue of sexual assault/abuse for people with disabilities (mental and physical). Participants will gain a greater understanding of sexual assault/abuse laws and the legal process, consent requirements and limitations, how to effectively respond to disclosures, and how to support survivors.



Sexual Harassment in the Workplace

This 60 – 90 minute presentation defines the legalities of sexual harassment. Topics include the Human Rights Code, identifying sexual harassment behaviour, and employer responsibilities.

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Teachable Moments

This 2-hour presentation offers parents/guardians skills on how to talk to their child about healthy relationships, sexuality, and child sexual abuse.

Topics include:

- 🌿 Information on what children need to know at each age and stage of development
- 🌿 How to use teachable moments to naturally talk about big issues
- 🌿 How to be approachable so children feel comfortable asking questions about sexuality